



Having booked yourself into our diary on the number below, there are a few things you need to make your day go well.

Ring the School on **07887 943 432** after 8 p.m the night before attending your activity to check the weather and time and place of rendezvous. We will leave a message giving all the information you will need.

What to bring

You will be running around on uneven ground in the countryside so boots with ankle support are advisable, these can be walking boots or timberlands but **no trainers**.

Wind proof clothing of any description, fleece or windproof jacket.

Loose fitting trousers, ideally not jeans.

Water and packed lunch, all activities tend to be out in the countryside well away from a shop, you will generally be in the wind and sun so plenty of water will keep you going

Sun block.

BHPA membership can be paid by cheque or card on arrival.

Outstanding balances can be paid in cash or by bank transfer – no cheques.

Cancellations; we teach small groups and book instructors in come wind, rain or shine, so it is essential we have as much notice as possible if you can't come. We need at least 24 hrs to cancel your booking, otherwise you will forfeit your days flying and credit with us. Remember there are NO refunds.

If you have any questions at all just call us or email us, otherwise we look forward to meeting you!